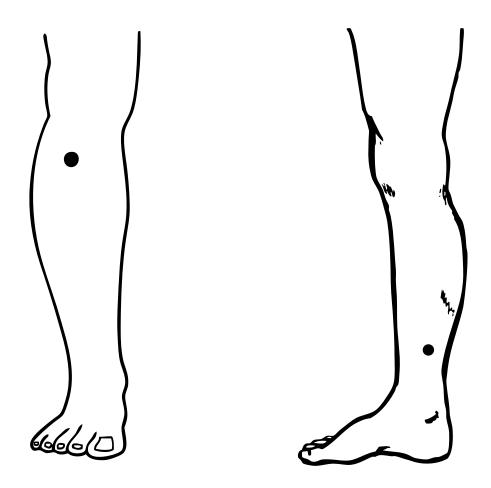
How to Use Your Five Elements Oils

Apply once a day for optimum benefit to bring dynamic balance to individual perspective and expression.

Unlike other sets of alchemical oils, these oils require placing a drop of each on two points simultaneously. Use two hands when working on others or two fingers when treating yourself, to accomplish this. (Simultaneous application is required to restore balance to the element.)

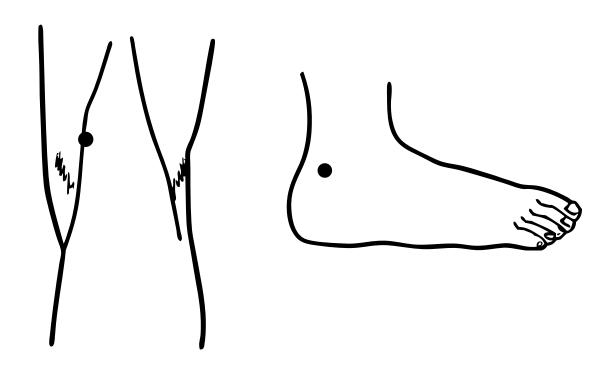
For each point you may choose either side of the body.

The Element of Earth



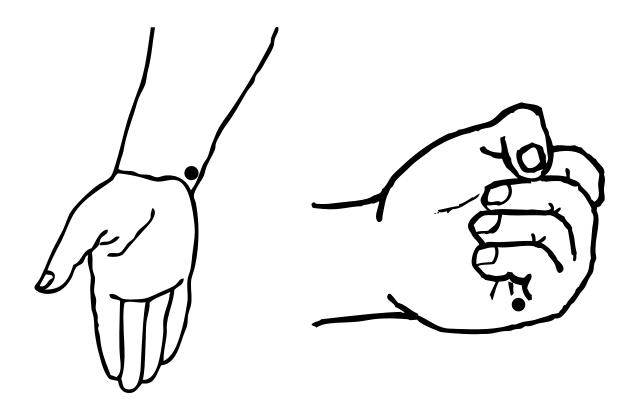
Apply this Alchemical oil simultaneously on the stomach and spleen acupressure points.

The Element of Water



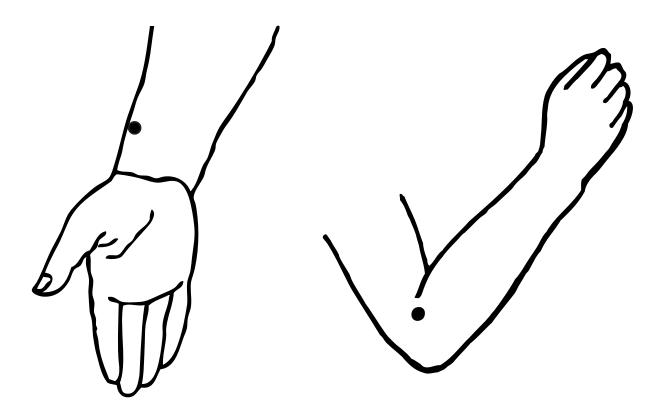
Apply this Alchemical oil simultaneously on the kidneys and bladder acupressure points.

The Element of Fire



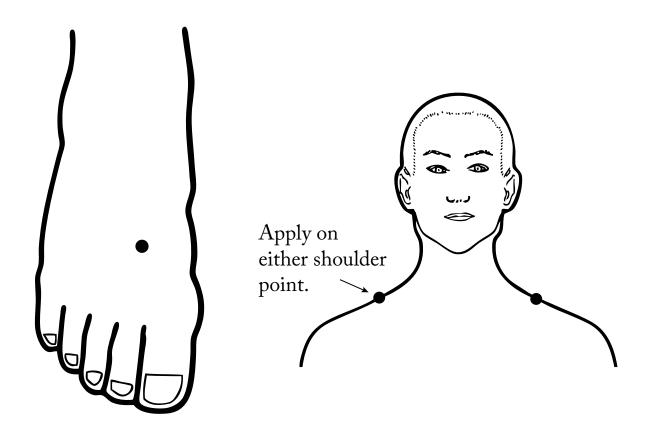
Apply this Alchemical oil simultaneously on the heart and small intestine acupressure points.

The Element of Wind



Apply this Alchemical oil simultaneously on the lungs and large intestine points.

The Element of Aether (Void)



Apply this Alchemical oil simultaneously on the liver and gallbladder points.